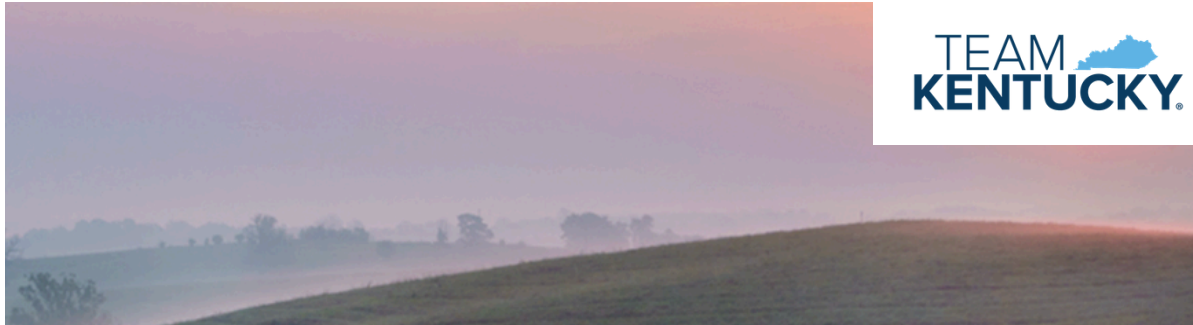


Kentucky Board of Marriage and Family Therapists Quarterly Newsletter



2026 Board Meeting Dates

3/19/2026
4/16/2026
5/21/2026
6/18/2026
7/16/2026
8/20/2026
9/17/2026
10/15/2026
11/19/2026
12/17/2026

All meetings are held at 12pm virtually and
in person. Access meeting links here:

mft.ky.gov

Board Members & Staff

- Amanda Villaveces, Board Chair
- Allison Howell, Vice Chair
- Karen Sheets-Mobley
- Michelle Oak
- Susan Smith
- Jane Alexander
- Mary Jarnagin

- Matthew Ellison- Board Counsel
- Melinda Penny - Board Administrator

Join the Board

Joining the MFT licensure board offers a unique opportunity to contribute to your profession and shape its future. You can find out more about joining the board by going to the [Application for Boards and Commissions website](#).





Stay informed!

Regulations Update:

We are in the process of updating regulations for Marriage and Family Therapists in Kentucky. To be notified when a regulation is filed, register for [RegWatch](#). You will receive information regarding the filed regulation including information about the public comment period.

Public Comment Period:

The public hearing and public comment period information is printed as part of the regulation in the Administrative Register of Kentucky and on the LRC Web site. View the online PDF version of the [Administrative Register of Kentucky](#)

Board Notes - New Business

- **Post Approvals** - Beginning January 1, 2027 we will no longer be accepting EMDR, CBT or Mindfulness as systemic courses. If you believe the course you took was systemic, you may still submit it for post approval review.
- **Supervision Logs** - We have been made aware of an error on e-services that does not provide an option to select "Supervision Logs" when uploading your renewal info. Please upload your supervision logs on e-services under the label "Supervision Plan for Clinical Experience."

Quick links

CE Post Approval - [Individual](#)

CE Application - [Provider](#)

Plan for Supervision - [here](#)

Supervision Logs - [here](#)

License Reinstatement - [here](#)

Become a Supervisor - [here](#)

Become a Board Member - [here](#)

"Board Notes" are notes taken directly from past meeting notes. These can be accessed here: [Click here](#)

CONTACT

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